### Our Mission

It's Neighbors Feeding Neighbors

Extra table is a non-profit organization with a mission to supply healthy food in bulk to Mississippi food pantries and soup kitchens, so that our hungry neighbors can have the nutritions, shelf-stable meals they need.

# Our History

Tashaira Rankin

In 2009, Robert St. John (the founder) received a call from the Edwards Street Fellowship Center in Hattiesburg, Mississippi. Simply put, they had run out of food. Being a 30-year-old veteran of the restaurant industry, he figured the fastest, easiest way to get food to the pantry would be to call his Sysco sales representative, place an order, and have the truck drop-ship the order at the agency's doorstep the next day. Robert quickly realized that there were other feeding agencies throughout the state with the same need and decided to approach Sysco...and Extra Table was born.



"At the end of the day, do I want to be the guy who fed people filet mignon, or do I want to be the guy who fed people canned tuna? It's an easy answer. Canned tuna wins every time."

- Robert St. John Founder, Extra Table







# **VIEXTRA**LATABLE

**To Donate:** www.EXTRATABLE.org/DONATE

Martha Allen Executive Director

3904 Hardy Street Hattieburg, Mississippi 39402 601-264-0672











Neighbors Feeding Neighbors



www.EXTRATABLE.org

# Today

Today, Extra Table works with 32 agencies in 29 countries throughout the state to provide food to those in need. We estimate to have purchased more than 120 tons of food in 2017.

### The Facts

- -679,750 (22.7%) of Mississippians are food insecure, 271,500 children (29%) in Mississippi are food insecure, and 48,230 senior citizens (II.6%) in our state do not have access to th food they need.
- -An astounding 28.3% of Mississippi's children are receiving a school breakfast and a school lunch and are then going to bed hungry each night.
- -58% of households being served have a family member with high blood pressure and 33% with diabetes.
- -Mississippi has 4 of the 5 most food insecure counties in the United States.
- -20% of families being fed in our agencies have a member who has served in the military, and 4% have one currently serving.
- -There are more hungry individuals in Hinds County, MS (57,000) than in the entire population of North Dakota.





### How Extra Table Works

1. We fundraise and collect funds from donors just like you. Donations are coded by zip code so your money stays local and IOO% of your donation is spent on food.

### EFFECTIVE.

2. We purchase new and healthy food in bulk from our partner Sysco. The great Sysco men and women deliver and shelve the food so volunteer time can be used wisely.

### EFFICIENT.

3. Food is delivered the last Wednesday of ecery month no need in storing food from a food drive all year and rationing it our hoping to have enough for the entire year. Extra Table has the ability to increase the amount of food distributed during the summer months when kids are home and not receiving school lunches.

### CONSTANT.

4. Voila! Our hungry neighbors get the food they so badly need.

That's EXTRA TABLE...a simple concept making a BIG difference

## BECOME A RESTAURANT PARTNER

Extra Table was founded on the premise that Restaurants could sponsora Sysco FOOD BUNDLE each month to be delivered to a food pantry of their choice.

FOOD BUNDLES range from \$250 to \$500 to \$750...Let's set up a draft today!

A \$250 FOOD BUNDLES, pictured below, has all the shelf-stable, new and nutritious food options included which equates to 500-600 meals for individuals in need. Our food pantries and soup kitchens love the bundles because they can count on your food each month.



OTHERS WAYS TO PARTNER:

- -Post a Partner Sticker and Partner Plaque proudly in your place of business
- -Team up with Extra Table to run speacials or give back nights
- -Take pride in being listed on Extra Table's website as a Partner
- -Let Extra Table do blog posts and highlight your restaurant on social media as a Partner
- -Show your customers how community minded you are with Extra Table Rack Cards or Brochures Check Books
- -Include Point of Sale options for your customers to donate to Extra Table on checks
- -Help us tell the story of hungry Mississippians and how we are fighting to feed our hungry neighbors
- -Tell us your ideas!